Choral Rehearsal Lesson Plan

Ensemble: ____A Cappella Choir_____ Date & Time _3/9/10, 12:30- 2:00____

Primary Rehearsal Objectives: Clean up ending consonants, work on dynamic contrast.

Warm-Ups:
1. Stretching- 4 shakes per limb, rotate joints, neck stretch, shoulder rolls, side stretch, 20 jogs.
2. Breathing- Deep breath in focusing on expanding ribcage and filling the lungs. In for 1 out on "hiss" for 20, in for 5 out for 20.
3. Releasing sound- Use diaphragm to "Hoot" like an owl. Gentle, easy.
4. Resonance- "Nah" D Major descending, 5-1 slide, "Zing" Eb Major descending, 54321.
5. Low Range- "Yoo-Ee" C Major ascending 123212321 (Legato), "Hee" D Major ascending 123454321 5 1 (stacatto/legato)
6. High Range- "Nee-Ah" C Major descending and ascending chromatic scale *f-p, p-f* D Major Ascending "Zah" 187654321 (2x)
7. Diction- "Peter piper picked a peck of pickled peppers" D Major ascending 12345432151
8. Jaw Massage and vocal sigh
9. Blend/ Dynamics- G Major Chord, B- G, T- D, A- B, S- G. Start pp on "ee" cresc. To ff "eh" descresc. To pp "ee", Ascend by half steps. Change vowels.

Title: Ubi Caritas	**Composer:** Ola Gjeilo
Rehearsal Procedure: 1. Begin by cleaning up cutoffs m.11, 14, 29, 36. Hold vowel until cutoff then add ending consonants. Watch for dotted and undotted quarters! 2. Review pronunciation of "congregavit" 3. S+A first page NO BREATH in m.3. Try singing on vowels for blend. Try singing with consonants. 4. Pickup to m. 34 all parts. Blend, dynamics, cutoff in m. 36, circle m. 40. 5. 5/4 measure begins *pp*! Cresc. Slightly on ascending lines. Watch for ritard. Slight active ending on "n" of "Amen" 6. Run piece scrambled. Ending consonants and dynamics!	

Assessment:
1. Were students able to fix all problem areas?
2. Were students successful with the dynamics discussed?
3. Were students able to run the piece successfully?

Follow up:
1. Run piece.
2. Continue to work on problem areas if not fixed.