

## Choral Rehearsal Lesson Plan

Ensemble: Concert Chorus Date & Time 1/19/10, 10:30-12:00

Primary Rehearsal Objective: To finish note learning and to begin work on dynamic reading

### Warm-Ups:

1. Stretching- Climb the ladder, roll shoulders, face massage, peer massage, ragdoll
2. Breathing- Peer breathing exercise: Right hand on peers shoulder, Left hand on own tummy, make sure that your peer doesn't raise their shoulders when they breathe in and that your tummy expands down and out when you inhale.
3. Releasing sound- Eb Major Descending, 5-1 slide on "Yah" keeping a loose jaw  
D Major Ascending, 1232, 1232, "Mee, Meh, Mah, Moh, Moo"
4. Flexibility- G Major Ascending, 534231271, "Yoo-Ee"
5. Range- C Major Ascending, Stacatto, 1358888531, "Nee-Ah"
6. Resonance- D Major Ascending, 1-5-1 slide on "mm, nn, ng"

<p><b>Title:</b> Forever Blest Is He</p> <p>Rehearsal Procedure:</p> <ol style="list-style-type: none"><li>1. Begin by reviewing pg. 4, m.28. All students should remember this from last class.</li><li>2. Reinforce breaths and dynamics throughout.</li><li>3. Held notes and repeated notes should have movement.</li><li>4. Students should continue until m. 46</li><li>5. Sight-read m. 46- 52 on solfege all parts.</li><li>6. Go back and hear each part individually.</li><li>7. Make sure students have m. 42- 46 secure.</li></ol>	<p><b>Composer:</b> G.F. Handel/ Royal Stanton</p>
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### Assessment:

1. Were students able to review pg.4 effectively?
2. Were students able to learn through m.52?
3. Did student perform breaths and dynamics?

### Follow up:

1. Next rehearsal review whole piece a cappella, especially where parts are not in unison.
2. Try up to tempo
3. Incorporate text.